

FOOD SENSITIVITY REPORT

Patient	Name: JOHN DOE	DOB: 01/20/1999	Gender: Male
Order	ID: EBT105 Collected: 05/26/2023 17:15	Received: 05/30/2023 20:50	Reported: 06/02/2023 14:03
Provider	Name: John Smith MD Facility: DTC123	NPI: 0123456789 Address: 123 Test St. Suite 1, Miami, FL 33130	

ELEVATED (≥ 30 U/ml)

BORDERLINE (24-29 U/ml)

NORMAL (≤ 23 U/ml)

MISCELLANEOUS

38	Agar Agar	<15	Aloe Vera	<15	Cane Sugar
<15	Carob	<15	Chestnut	18	Cocoa Bean
15	Coffee	47	Cola Nut	<15	Honey
23	Mushroom	<15	Tea (Black)	<15	Tea (Green)
<15	Transglutaminase	56	Yeast (Baker'S)	30	Yeast (Brewer'S)

FISH / SEAFOOD

31	Alga Espaguette	<15	Alga Spirulina	15	Alga Wakame
<15	Anchovy	<15	Barnacle	<15	Bass
<15	Carp	<15	Caviar	<15	Clam
<15	Cockle	<15	Cod	<15	Crab
<15	Cuttlefish	<15	Eel	<15	Haddock
25	Hake	<15	Herring	<15	Lobster
<15	Mackerel	<15	Monkfish	<15	Mussel
<15	Octopus	<15	Oyster	20	Perch
<15	Pike	<15	Plaice	<15	Razor Clam
<15	Salmon	<15	Sardine	<15	Scallop
15	Sea Bream (Gilthead)	<15	Sea Bream (Red)	<15	Shrimp/Prawn
<15	Sole	<15	Squid	<15	Swordfish
<15	Trout	<15	Tuna	<15	Turbot
23	Winkle				

NUTS / SEEDS

15	Almond	17	Brazil Nut	<15	Cashew Nut
<15	Coconut	<15	Flax Seed	<15	Hazelnut
<15	Macadamia Nut	31	Peanut	<15	Pine Nut
22	Pistachio	<15	Rapeseed	<15	Sesame Seed
22	Sunflower Seed	15	Tiger Nut	<15	Walnut

DAIRY / EGG

<15	Alpha-Lactalbumin	<15	Beta-Lactoglobulin	78	Casein
70	Egg White	<15	Egg Yolk	<15	Milk (Buffalo)
97	Milk (Cow)	38	Milk (Goat)	48	Milk (Sheep)

GRAINS (Gluten-Free)

<15	Amaranth	17	Buckwheat	28	Corn (Maize)
<15	Millet	<15	Polenta	<15	Quinoa
27	Rice	<15	Tapioca		

GRAINS (Gluten-Containing)

47	Barley	<15	Couscous	<15	Durum Wheat
20	Gliadin	20	Malt	16	Oat
16	Rye	<15	Spelt	<15	Wheat
<15	Wheat Bran				

HERBS / SPICES

<15	Aniseed	<15	Basil	<15	Bayleaf
<15	Camomile	<15	Cayenne	<15	Chilli (Red)
<15	Cinnamon	<15	Clove	<15	Coriander (Leaf)
<15	Cumin	<15	Curry (Mixed Spices)	<15	Dill
<15	Garlic	<15	Ginger	103	Ginkgo
<15	Ginseng	<15	Hops	<15	Liquorice
<15	Marjoram	<15	Mint	<15	Mustard Seed
<15	Nettle	<15	Nutmeg	<15	Parsley
<15	Peppercorn (Black/White)	<15	Peppermint	<15	Rosemary
<15	Saffron	<15	Sage	<15	Tarragon
<15	Thyme	<15	Vanilla		

MEAT

<15	Beef	<15	Chicken	<15	Duck
<15	Goat	<15	Horse	<15	Lamb
<15	Ostrich	<15	Ox	<15	Partridge
<15	Pork	<15	Quail	<15	Rabbit
<15	Turkey	<15	Veal	<15	Venison
<15	Wild Boar				

FRUIT

<15	Apple	<15	Apricot	<15	Avocado
<15	Banana	<15	Blackberry	20	Blackcurrant
<15	Blueberry	<15	Cherry	21	Cranberry
<15	Date	<15	Fig	<15	Grape (Black/Red/White)
<15	Grapefruit	<15	Guava	<15	Kiwi
<15	Lemon	<15	Lime	<15	Lychee
<15	Mango	<15	Melon (Galia/Honeydew)	<15	Mulberry
<15	Nectarine	<15	Olive	<15	Orange
<15	Papaya	<15	Peach	<15	Pear
<15	Pineapple	15	Plum	<15	Pomegranate
<15	Raisin	<15	Raspberry	<15	Redcurrant
<15	Rhubarb	<15	Strawberry	<15	Tangerine
<15	Watermelon				

VEGETABLES

<15	Artichoke	<15	Asparagus	<15	Aubergine
<15	Bean (Broad)	<15	Bean (Green)	26	Bean (Red Kidney)
27	Bean (White Haricot)	<15	Beetroot	<15	Broccoli
<15	Brussel Sprout	<15	Cabbage (Red)	<15	Cabbage (Savoy/White)
<15	Caper	<15	Carrot	<15	Cauliflower
<15	Celery	<15	Chard	<15	Chickpea
<15	Chicory	<15	Cucumber	<15	Fennel (Leaf)
<15	Leek	<15	Lentil	<15	Lettuce
<15	Marrow	<15	Onion	20	Pea
<15	Pepper (Green/Red/Yellow)	34	Potato	<15	Radish
<15	Rocket	<15	Shallot	<15	Soya Bean
<15	Spinach	28	Squash (Butternut/Carnival)	<15	Sweet Potato
<15	Tomato	<15	Turnip	<15	Watercress
<15	Yuca				

ELEVATED FOODS

38	Agar Agar	31	Alga Espaguettes	47	Barley
78	Casein	47	Cola Nut	70	Egg White
103	Ginkgo	97	Milk (Cow)	38	Milk (Goat)
48	Milk (Sheep)	31	Peanut	34	Potato
56	Yeast (Baker'S)	30	Yeast (Brewer'S)		

BORDERLINE FOODS

26 Bean (Red Kidney)

27 Bean (White Haricot)

28 Corn (Maize)

25 Hake

27 Rice

28 Squash (Butternut/Carnival)

NORMAL FOODS

<15 Alga Spirulina

15 Alga Wakame

15 Almond

<15 Aloe Vera

<15 Alpha-Lactalbumin

<15 Amaranth

<15 Anchovy

<15 Aniseed

<15 Apple

<15 Apricot

<15 Artichoke

<15 Asparagus

<15 Aubergine

<15 Avocado

<15 Banana

<15 Barnacle

<15 Basil

<15 Bass

<15 Bayleaf

<15 Bean (Broad)

<15 Bean (Green)

<15 Beef

<15 Beetroot

<15 Beta-Lactoglobulin

<15 Blackberry

20 Blackcurrant

<15 Blueberry

17 Brazil Nut

<15 Broccoli

<15 Brussel Sprout

17 Buckwheat

<15 Cabbage (Red)

<15 Cabbage (Savoy/White)

<15 Camomile

<15 Cane Sugar

<15 Caper

<15 Carob

<15 Carp

<15 Carrot

<15 Cashew Nut

<15 Cauliflower

<15 Caviar

<15 Cayenne

<15 Celery

<15 Chard

<15 Cherry

<15 Chestnut

<15 Chicken

<15 Chickpea

<15 Chicory

<15 Chilli (Red)

<15 Cinnamon

<15 Clam

<15 Clove

<15 Cockle

18 Cocoa Bean

<15 Coconut

<15 Cod

15 Coffee

<15 Coriander (Leaf)

<15 Couscous

<15 Crab

21 Cranberry

<15 Cucumber

<15 Cumin

<15 Curry (Mixed Spices)

<15 Cuttlefish

<15 Date

<15 Dill

<15 Duck

<15 Durum Wheat

<15 Eel

<15 Egg Yolk

<15 Fennel (Leaf)

<15 Fig

<15 Flax Seed

<15 Garlic

<15 Ginger

<15 Ginseng

20 Gliadin

<15 Goat

<15 Grape (Black/Red/White)

<15 Grapefruit

<15 Guava

<15 Haddock

<15 Hazelnut

<15 Herring

<15 Honey

<15 Hops

<15 Horse

<15 Kiwi

<15 Lamb

<15 Leek

<15 Lemon

<15 Lentil

<15 Lettuce

<15 Lime

<15 Liquorice

<15 Lobster

<15 Lychee

<15 Macadamia Nut

<15 Mackerel

20	Malt	<15	Mango	<15	Marjoram
<15	Marrow	<15	Melon (Galia/Honeydew)	<15	Milk (Buffalo)
<15	Millet	<15	Mint	<15	Monkfish
<15	Mulberry	23	Mushroom	<15	Mussel
<15	Mustard Seed	<15	Nectarine	<15	Nettle
<15	Nutmeg	16	Oat	<15	Octopus
<15	Olive	<15	Onion	<15	Orange
<15	Ostrich	<15	Ox	<15	Oyster
<15	Papaya	<15	Parsley	<15	Partridge
20	Pea	<15	Peach	<15	Pear
<15	Pepper (Green/Red/Yellow)	<15	Peppercorn (Black/White)	<15	Peppermint
20	Perch	<15	Pike	<15	Pine Nut
<15	Pineapple	22	Pistachio	<15	Plaice
15	Plum	<15	Polenta	<15	Pomegranate
<15	Pork	<15	Quail	<15	Quinoa
<15	Rabbit	<15	Radish	<15	Raisin
<15	Rapeseed	<15	Raspberry	<15	Razor Clam
<15	Redcurrant	<15	Rhubarb	<15	Rocket
<15	Rosemary	16	Rye	<15	Saffron
<15	Sage	<15	Salmon	<15	Sardine
<15	Scallop	15	Sea Bream (Gilthead)	<15	Sea Bream (Red)
<15	Sesame Seed	<15	Shallot	<15	Shrimp/Prawn
<15	Sole	<15	Soya Bean	<15	Spelt
<15	Spinach	<15	Squid	<15	Strawberry
22	Sunflower Seed	<15	Sweet Potato	<15	Swordfish
<15	Tangerine	<15	Tapioca	<15	Tarragon
<15	Tea (Black)	<15	Tea (Green)	<15	Thyme
15	Tiger Nut	<15	Tomato	<15	Transglutaminase
<15	Trout	<15	Tuna	<15	Turbot
<15	Turkey	<15	Turnip	<15	Vanilla
<15	Veal	<15	Venison	<15	Walnut
<15	Watercress	<15	Watermelon	<15	Wheat
<15	Wheat Bran	<15	Wild Boar	23	Winkle
<15	Yuca				

Disclaimer

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